



bright  stuffs

Quick Knitting Guide

for Beginners



BASIC KNITTING SUPPLIES



- 1 Yarn**
Start with worsted-weight yarn.



- 2 Knitting Needles**
Use medium-sized straight needles to begin.



- 3 Scissors**
For cutting yarn and trimming loose ends.



- 4 Tapestry Needle**
For weaving in ends and finishing your project neatly.



- 5 Measuring Tape**
To check your project size and gauge.



- 6 Stitch Markers**
Help mark stitches, pattern repeats, or rows.

BASIC KNITTING STITCHES



- 1 Cast On**
The first step that creates the starting row of loops on your needle.



- 2 Knit Stitch**
Creates a V-shaped pattern on the fabric.



- 3 Purl Stitch**
Creates a small bump texture on the fabric.



- 4 Garter Stitch**
Knit every row. Produces a stretchy, textured fabric.



- 5 Stockinette Stitch**
Uses knit and purl rows. Smooth on one side, bumpy on the other.

TYPES OF KNITTING NEEDLES



- 1 Straight Needles**
Classic pair of needles used for flat projects like scarves and dishcloths.



- 2 Circular Needles**
Two tips connected by a flexible cable. Great for flat knitting and in-the-round projects.



- 3 Double-Pointed Needles (DPNs)**
Pointed on both ends. Used for small in-the-round projects like socks and mittens.

TYPES OF YARN

BASED ON YARN WEIGHT



Lace

The lightest weight for airy shawls and delicate projects.



Fingering/Sock

Fine and smooth; perfect for socks, baby clothes, and light garments.



DK (Double Knit)

Between light and medium thickness. Great for garments and accessories.



Worsted

Most popular medium weight. Ideal for sweaters, hats, scarves, blankets.



Bulky

Thick and warm. Knits up fast for cozy projects and home decor.



Super Bulky

Extra thick for quick, chunky projects and statement pieces.



Cotton

Breathable, smooth and perfect for summer wearables.



Wool

Warm, elastic and naturally insulating. Great for winter items.



Acrylic

Affordable, durable and easy to care for. Great for beginners.



Blends

Combines fibres for balance—comfortable, strong and easy to maintain.



Bamboo/Silk

Soft, smooth and luxurious with beautiful drape and shine.



TIPS FOR BEGINNERS

- ✓ Start with simple projects like scarves or washcloths.
- ✓ Practice regularly and be patient with yourself.
- ✓ Count your stitches and check your gauge.
- ✓ Don't be afraid to make mistakes—they help you learn!



Knitting is a relaxing and rewarding craft. Enjoy the process and happy knitting!

