

TRAUMA TEDDY



KNITTING GUIDE



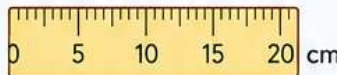
KNITTING NEEDLES

Use size **3mm (11)** or **3.25mm (10)** needles and **8 ply** yarn.



LEGS AND SHORTS

- 1 Cast on **10** stitches, knit **20** rows.
- 2 Change colour for shorts and knit **8** rows. (The legs are **28** rows in total.)
- 3 Knit a second leg to match.
- 4 On the next row knit **9** stitches across the first leg, knit together the last stitch of this leg and the first stitch of the second leg, knit to the end.
- 5 On the next row, knit twice into the centre double stitch. Then knit across both legs for another **10** rows (**40** rows in total).



★ The flat half should measure about **20cm** top to toe, if less increase needle size, if more, try a size smaller needles.



SHIRT AND ARMS

- 1 Change colour for shirt and knit **12** rows.
- 2 Cast on **10** stitches for the sleeves at the start of the next **2** rows & knit **12** more rows.
- 3 Cast off **10** stitches at the beginning of the next **2** rows. (**68** rows in total).



HEAD

- 1 Change colour for head and knit **26** rows. Cast off.
- 2 The Trauma Teddy is **94** rows in total. Knit another side to match.
- 3 The flat half should measure about **20cm** top to toe, if less increase needle size, if more, try a size smaller needles.

MATERIALS NEEDED



8 ply yarn in the following colours:

- Head & arms (skin tone)
- Shirt
- Shorts



Knitting needles: **3mm (11)** or **3.25mm (10)**



Toy stuffing



Yarn needle for sewing seams



Scissors

STITCHES USED

K

Knit

(Knit every stitch on right side rows. Purl on wrong side rows.)

K2tog

Knit two together

(Decrease: knit 2 stitches as one.)

Cast on

Make the foundation row

(to start your knitting.)

Cast off

Bind off

(Securely finish and remove stitches from the needle.)



Use **8 ply** yarn and change colours as indicated.



Knit with care.
Every stitch makes a difference.

